

The Reydon Robin

The quarterly, complimentary news magazine, for Reydon



**Cheers!
Here's to
community
spirit!**

A successful end to a unique collaboration between local councils - the Tourist Information Stall in Southwold Market, operating between 10th July and 9th September. *More inside (p.13)*

DATES FOR YOUR DIARY

October - December

- Sat. 7th Oct. St. Margaret's Church Charity Quiz Night, Reydon Village Hall, 7pm (*see p.14 for more*).
- Fri. 13th Oct. Chinwag and Community Cuppa, Reydon Village Hall, 2-4pm.
- Sat. 14th Oct. Reydon Christmas Lights Wine Tasting Night and Fun Quiz, Reydon Village Hall (*see p.13 for more*).
- Sat. 21st Oct. Table-Top Sale, Reydon Village Hall, 11am-3pm (*see p.4 for more*).
- Fri. 27th Oct. Reydon Parish Council public meeting to discuss the 'LionLink' plans for this area, Reydon Village Hall, doors open 6.30pm for 7pm start (*see pp.6-8 for more*).
- Tue. 31st Oct. Reydon Village Hall AGM, Reydon Village Hall, 7-9pm. Launch of Golden Anniversary Appeal Fund. All welcome. Refreshments provided (*see p.4 for more*).
- Fri. 3rd Nov. Lionlink public consultation ends; public responses to the proposals have to be in by this date (*see pp.6-8 for more*).
- Sat. 4th and Sun. 5th Nov. Southwold Literary Festival, Southwold Arts Centre. Book tickets through Southwold Library (01502 722519; southwold.library@suffolklibraries.co.uk) or Southwold Arts Centre (01502 722572, www.southwoldartscentre.co.uk).
- Fri. 10th Nov. Chinwag and Community Cuppa, Reydon Village Hall, 2-4pm.
- Fri. 17th Nov. Reydon Christmas Lights Family Bingo Night, Reydon Village Hall, 7pm (*see p.13 for more*).
- Sat. 18th Nov. VHC Christmas Fayre, Stella Peskett Millennium Hall, 12noon-4pm (*see p.5 for more*).
- Sat. 25th Nov. Southwold Christmas Lights Switch-On 5pm.
- Sat. 2nd Dec. Reydon Christmas Lights Switch-On 6pm.
- Fri. 1st Dec. Nativity Crib Festival, St. Margaret's Church, until Sun. 3rd. Reydon (*see p.14 for more*).
- Sat. 9th Dec. Reydon Christmas Lights Christmas Bazaar, Reydon Village Hall (*see p.13 for more*).

INTRODUCTION AND WELCOME



Pamela Cyprien, Chair,
Reydon Parish Council

Like many of us I suspect, I went to the National Grid Ventures 'LionLink' presentation at the Village Hall back on Friday, 22nd September to see what all the fuss was about. Bringing huge electricity cables ashore north of Southwold Pier, and taking them in huge, motorway-width trenches through our countryside to an 'interconnector' sub-station near Aldeburgh . . . what could possibly go wrong? In fact, I was very disturbed that amongst the myriad of maps, diagrams and bullet points, there was no account of the environmental impact, even desecration you could say, of our local environment and Area of Outstanding Natural Beauty.

This shows why we should not take anything in our area for granted. Constant vigilance is needed. If we take our eye off the ball, much could be lost. Reydon Parish Council is working hard to keep things the way we feel the community wants them.

But 'LionLink' is a different sort of threat, as the article on pp. 6-8 explains, and we want to hear from you, the residents of Reydon, to let us know what you think we should be doing about all this. For this reason, we are holding a public meeting at Reydon Village Hall on Friday, 27th October, doors open 6.30 for 7pm start. Please put this in your diary.

Elsewhere we have ongoing problems at Potters Bridge, due it seems to a stand-off between the Environment Agency and the local landowner (more about that in the next edition of *The Reydon Robin*).

But it is not all bad. Since the May elections, Reydon, Southwold and Walberswick have all started to work more closely together on common issues, as shown by the Southwold Market Tourist Information Stall over the summer (*see the cover and p.13*). Then there is the continuing success of the Reydon and Southwold Community Fridge and Pantry (*see p.4*).

I want to also give our grateful thanks to Ben Cooper of Cooper and Denny for repairing, free of charge, the broken furniture on the Reydon Rec. following some mindless vandalism.

This is how we keep our area special, through people caring and pulling together. When we don't do this is when we should start to worry.

Finally, thank you to Jenny Knights at The Randolph Hotel for her most valuable sponsorship of this Autumn edition of *The Reydon Robin*.

With best wishes, Pam Cyprien

The Christmas edition of The Reydon Robin will be out on Thursday, 7th December, sponsored by Chris at Southwold Autos. If you'd like to contribute to The Robin, or suggest a local topic, please email: reydonrobin@gmail.com. The copy deadline will be Friday, 24th November.

THE REYDON & SOUTHWOLD COMMUNITY FRIDGE & PANTRY

The Reydon and Southwold Community Fridge And Pantry is now in its sixth month of operation and has served hundreds of customers with free supplies, under our mantra of sustainability and affordability.

Every Friday, surplus or short-date food is shared by our local stores, generous allotment holders and skilled home growers, and provided to our visitors for free! It's also a chance to chat with our amazing volunteers, without whom we would not be able to run.

Now we need you! We urgently need more volunteer pantry staff and drivers. If you could spare three hours on the occasional Friday to work in the pantry, or, if you don't mind making short trips to collect and drop off food (mileage paid), we want to hear from you. Please email the team on reydonandsouthwoldpantry@gmail.com

Jess Gregson

Reydon Village Hall

. . . at the heart of the community.



Join us on 31st October at Reydon Village Hall for the Hall's Annual General Meeting, together with the special launch of the **Golden Anniversary Appeal Fund** to refurbish and re-fit the Hall in time for its 50th Anniversary in 2027.

We are delighted that **Simon Loftus OBE** will launch the Appeal Fund on our behalf. Simon of course opened the Hall in April 1977. The meeting will begin at 7pm, all are welcome to hear our detailed plans, and refreshments will be provided afterwards.

If you'd like to join our dynamic new team and make a difference to Reydon's finest community asset, please call Laurence: 07768 395465.

Before that - satisfy your curiosity at our big **Table-Top Sale**, which will be held on **Saturday, 21st October, 11am-3pm** in the Village Hall. If you'd like a Table (£10), please contact Edwina -

Tel: (01502) 724558 or email: reydonvillagehall@gmail.com.

‘LETTER FROM SOUTHWOLD’

The Roads Committee had a drop-in event at the end of September to consult on traffic and parking issues in the town. Residents and businesses from both Southwold and Reydon attended and made their comments.

The Station Yard development is progressing, with a completion date of the end of January 2024. It is anticipated that occupation will commence at the end of March 2024.

The Town Council is pleased that the group that has raised funds for the Klondyke Skatepark has selected the winning build company and the project is progressing.

We are also looking forward to the Southwold Christmas Lights Switch-On, due to take place on Saturday, 25th November at 5pm. We thank the organising committee for all their hard work in making this happen.

Simon Flunder

THE VOLUNTARY HELP CENTRE



It could be you! Whether you are joining us as a volunteer or needing help from a volunteer, the VHC welcomes you all.

The VHC has been in the community for over 30 years and needs volunteers to help with requests for transport as well as for the non-driving requests, such as befriending and the fortnightly Lunch Club.

Volunteering with the VHC does not commit anyone to a regular schedule. All volunteers decide for themselves when and how often they wish to help out, making volunteering as flexible as they are. Volunteer drivers also receive 45p per mile per journey undertaken.

In particular, volunteers are needed in the Walberswick, Blythburgh and Wangford areas, to help meet journey requests from those villages.

So why not join the VHC and be a volunteer before you need a volunteer?

Come and talk to us at the Stella Peskett Millennium Hall and see how you can help, or phone us on (01502) 724549.



Date for your diary: **Saturday, 18th November, Christmas Fayre, Stella Peskett Millennium Hall, 12 noon-4pm.**
We'd love to see you!



This edition of *The Reydon Robin* is sponsored by *The Randolph Hotel*

THE 'LIONLINK' CHALLENGE

On Friday, 22nd September, National Grid Ventures (NGV: 'LionLink') put on a comprehensive, even baffling, display at Reydon Village Hall to explain proposals to bring electricity cables from Holland to come ashore (landfall) to a new interconnector station just north of Southwold Pier.

Several landfall locations are under consideration: here at Easton Bavents, at Walberswick, at Aldeburgh and at Bradwell on Sea, despite the power being required in London.

Marc Vlessing writes:

It is in the nature of these large infrastructure projects that even the most informed people often don't understand all the complexities of what they have been asked to consider. I spoke to the Director of Operations at NGV who had not been anywhere near e.g. Rissemere Lane, Reydon on the day I met him at our Village Hall. Small wonder he hadn't appreciated the impact of the proposed cable corridor which is shown to cut through people's driveways, let alone front gardens, on our local environment.

Complex projects are often met by fear and heightened speculation so to help understand more, a number of us got together to establish **RAID** (Reydon Against Invasive Destruction) with the following remit:

- 1) to understand the environmental & economic impacts of the proposed route;
- 2) to work together with neighbouring stakeholders in Walberswick, Aldeburgh and beyond to pool knowledge and resources;
- 3) to raise funds to manage our expert witness contributions to the planning process which may lie ahead;
- 4) to look at international comparisons to understand and propose best practice alternatives;
- 5) to stay in regular touch with you, our local residents; and
- 6) finally, if NGV decide to go ahead, we should seek an accommodation to bring about the best possible outcome for us.

This article cannot explain in detail what the 'LionLink' proposals are and how they might affect us all locally. There's plenty of information online. A copy of the NGV 'LionLink' plans can also be found at Reydon Village Hall.

So at this point, we know that NGV's proposal would make landfall just north of Southwold Pier, then would run in a trench 40+ metres wide through our countryside to Friston via Wangford, Uggeshall, Wenhaston and beyond. Friston is being proposed as the site for a new distribution centre, though this is by no means a done deal and subject to a series of Judicial Reviews. In reality, Friston is a tranquil, beautiful medieval village close to Aldeburgh and the Sandlings, which are rare low heathlands. This deeply rural oasis was presented by Scottish Power in the Development Consent Order (DCO) Examinations in 2020 as a 'semi-industrialised village', which it clearly is not.

Unfortunately, NIMBYism is not enough; we need to understand the proposition

properly and respond to it accordingly. Luckily, we have help from an organisation called Suffolk Energy Action Solutions - SEAS - established as a Community Group in July 2019 and led by Fiona Gilmore, who has been lobbying hard over the years to get politicians and utilities to think a lot harder about the genuine electrification needs of our country in the years and decades to come. The distribution centre at Friston, for instance, forms an integral part of the plans currently under consideration and without it, it's highly likely that none of the proposed transmission networks will go ahead. So this is a complex picture to get on top of.

SEAS was established to promote more modern offshore solutions and brownfield sites for wind energy delivery, storage and connections to the grid. It seeks to represent all communities across coastal Suffolk, including RAID and WALL (Walberswick Against 'LionLink'), and also supports SASES and SOS, those community groups set up in 2019 to protect Friston and nearby Sandlings from needless harm.

SEAS believes that environmental damage can be avoided if Britain follows the lead taken by Belgium and Holland who are already implementing Modular Offshore Grids (MOGs). The only reason the current point-to-point plans are being pushed forward by National Grid appears to be because they are easier and cheaper in the short term.

Throughout these last four years, SEAS has witnessed the disingenuous behaviour of developers who have been allowed by Government (ie DESNZ - The Department for Energy Security and Net Zero) to get consent orders to ride roughshod over our countryside and communities by using the argument that 'it's cheaper for the consumer'.

Comparative evidence from Belgium's National Grid equivalent called ELIA (who have a national master plan, unlike Britain) suggests that offshore grids pooling energy at sea from two or three wind farms and taking energy to brownfield sites is cheaper, more efficient and a faster solution. These grids are flexible, expandable (hence any reference to meshed grids) and more secure.

So where do we go next with all of this? Tourism is this area's principal revenue source, and with congested roads and drilling to match, visitors will be inclined to go elsewhere. As to our environment and coastal conditions: local people know best what a project like 'LionLink' could mean for our fragile ecology. In short, we can't sit back.

Yes, we need our power and our green energy. But we also need to be more intelligent as a country in the way we deliver our energy to the places that need it most. We need an infrastructure master plan with brownfield sites, such as the Isle of Grain, Tilbury and Bradwell, that are much closer to energy demand and where there are many fewer development issues.

The good news is this: it is not too late to challenge. National Grid would like us to think it's a done deal, but it is not. With two outstanding Judicial Reviews, there is everything to fight for. Ultimately, all of these proposals will have to be reviewed by Government and our latest Secretary of State (our sixth since 2019),

Clare Coutinho, will want to look at that process very seriously, as will Ed Miliband if, as many expect, he will be in that job in 12 months' time.

We should also challenge our local Suffolk MPs, especially Thérèse Coffey, to redouble their efforts - none of them are considered to have particularly safe seats anymore (Suffolk Coastal only needs a 17% swing, Ipswich less than 6%). So 'LionLink plus' Friston and all the energy projects for Suffolk could well see them lose their seats if they do not represent their constituents well on these thorny issues.

So do come to Reydon Village Hall on 27th October at 7pm and please don't despair - there is every reason to believe that good sense and value for money will come together to provide a long-term solution that works for our community beyond the short term.

Join RAID's WhatsApp group via filippaeverett@gmail.com or have a look at our Facebook and Instagram pages as well as those of our friends at WALL and SEAS.

Marc Vlessing with Fiona Gilmore

EAST SUFFOLK COUNCIL

It has been a very busy summer since we took East Suffolk Council in May. We have set the tone with constructive and deliberative debate embracing the views and advice of opposition councillors. I have been delving into the depths of my brief, the housing department, searching for those elusive 500 extra social homes we have promised in the next four years.

It ain't going to be easy. We can't afford to build houses for the rents the Government is prepared to pay in housing benefit, which has been frozen since 2019. I am hoping to get a green light for another 25 homes on Green Lane as we have the longest waiting lists in east Suffolk. Larger developments like Copperwheat are stalled because of the economic climate. Saint Felix drags on. We are searching for empty homes or cheap sales to help us face a doubling of demand for temporary accommodation as more people are evicted.

To top it all, the previous administration has left a £9-million debt because they overcharged tenants, and a high-rise block in Lowestoft which is probably now beyond repair.

Meanwhile Sizewell C looms, Potters Bridge floods, the National Grid wants to dig up our countryside and Anglian Water still dumps sewage into the Harbour.

On the bright side, I now chair the Harbour Committee, so we can make it work for the local community at last, as well as chairing the Suffolk Coastal Forum. And as far 'LionLink' is concerned, East Suffolk Council voted last week to support the Offshore Grid proposal, which is by far the best solution for our coastline and our district.

We are also grasping the traffic-and-parking nettle in Southwold, the Skatepark is being built and the Pantry is thriving in the Village Hall. *Cllr. David Beavan*

THE REYDON SHOW 2023

The Reydon Show 2023 was brilliantly attended this year, with lots of people entering across the categories and large numbers coming to see all the lovely entries. With last year's heatwave well behind us, we had a great number of entries across the fruit and vegetable classes, though the heavy rain made some of the cut-flower classes tricky!

The trophy winners for 2023 were:

- Ernest Moyle Memorial Trophy - most outstanding exhibit in flower classes - **K Eagles.**
- Challenge Cup (Open) - most points in vegetable and fruit section - **C Akers.**
- Garden News Shield (Reydon residents only) - most points in vegetable and fruit section - **C Akers.**
- Charlie Martin Cup - (Reydon residents only) - runner up in vegetable and fruit section - **C Wigg.**
- Fitzgerald Cup - most points in flower section - **Kay Eagles.**
- Frances Moyle Memorial Trophy - most outstanding exhibit in vegetable classes - **Roger Webb.**
- Silver Plate - most points in cookery classes - **C Livermore.**
- Reydon Show Trophy - best exhibit in adult handicraft - **C Clark.**
- Reg Belcher Trophy - most points in handicraft - **C Clark.**
- Copperwheat Trophy - best exhibit in pot plant classes - **Y Eady.**
- Reydon Parish Council Shield (Reydon residents only) - best exhibit in cookery classes - **N Horton.**
- Sam Adamson Cup - best exhibit in photography classes - **C Horton.**
- Dillon Gibbon Trophy - most points in photography classes - **P Harrild.**

When you are planning your 2024 planting or embarking on some arts and crafts, remember the first Saturday in August will be the Reydon Show next year.

Charlotte Clark

THE REYDON NEIGHBOURHOOD PLAN & HOUSING ISSUES

For proposed new houses, whether single or part of a larger development, the Parish Council insists on a key policy from our Neighbourhood Plan: that every new dwelling should be occupied as a Principal Residence. This aims to reduce the pressure on the community from the number of second homes, now around 35% of housing in the village.

Recently, a developer challenged this policy. Together with East Suffolk, we strongly defended our policy to the Planning Inspectorate which determines such appeals. We are glad to report that the appeal was rejected and our policy continues to apply to new housing in the village.

Philip O'Hear, Chair of Planning, RPC

REYDON TREASURE HUNT 2023

Well, what a day! We really didn't want rain, but what we didn't bargain for was a heatwave in September! Needless to say, it meant that not many folk ventured out to take part in our Treasure Hunt. Thanks to the amazing generosity of those who did take part and those who came along to the Village Hall to enjoy the refreshments, we raised approximately £360 before our expenses for Reydon Christmas Lights. The winner, picked at random from all the correct entries, who took home all the treasure, was Lorraine Stephenson and the runner up was Amanda Hirst.

We have to say a huge thank you to Charlotte Clark who came up with the Treasure Hunt for us, to The Randolph Hotel who very kindly donated some very tasty sausage rolls for the refreshments, and to the wonderful Lighthouse Ladies who baked some amazing cakes and helped us in the kitchen all day.



If you would like to have a go at the Treasure Hunt for fun and no prizes, then you can buy a programme from Southwold Library and follow the route at your leisure when the weather is not quite so warm!



1ST SOUTHWOLD AND REYDON SCOUTS - Winter Fair

The local Scout Group is organising a fair on Saturday, 21st October, 1-4pm at the Scout Hall on Nights Road, Southwold. We will have crafts, games, balloon modelling, tombola, books, plants, and tea and cakes. All proceeds in aid of your local Scout Group.



Ever thought of having a family photograph? Or maybe a photograph of your favourite pet? Now is your chance. During the Fair on 21st October, professional photographer Zac will be on hand to take your photograph. The charge for this will be just £10, including digital copy, and £5 per print.

Bob Mole

END POLIO NOW CAMPAIGN



Charlotte Clarke, Sally Bird and Rotarians will be attending Reydon Village Hall to plant crocuses as part of Rotary's Purple Crocus initiative on Friday, 27th October 2023, when Rotary will be marking Polio Week; 24th October is World Polio Day. The Southwold

Brownies and Rainbows will be helping to plant them.

The Purple Crocus initiative is central to Rotary's amazing worldwide End Polio Now Campaign. Sales are in excess of £1 million and the Bill Gates Foundation generously triples everything Rotary raises.

Polio kills and paralyses young children. It spreads like wildfire. There is no cure, but it can be easily prevented through immunisation. Twenty-five years ago, polio affected 350,000 each year.

Thanks to the work of Rotary and others there were only 74 cases in 2015. Today, we are now close to a polio-free world.

See www.rotary.org/en/our-causes/ending-polio for more.

NEW NAME, SAME GOALS

Southwold and District Rotary Club recently changed its name to the **Blyth Valley Rotary**.

A relaunch was necessary to bring in a wider range of friends, volunteers, and members. We want to be more inclusive, and hope that there are those in the Blyth Valley who would like to support the fun, fundraising, friendship and fantastic work Rotary does in our community, nationally and internationally. We need more help to make our vision and plans robust for the future. We can't do it without like-minded people. Everyone has something to offer. So please get in touch, and grab the feelgood factor of doing something positive and fun . . . service before self.

We would very much like to work with other local volunteers and groups, helping each other and helping the community. As a group, we are very approachable. We are just a group of ordinary people from all walks of life and ages. If you want to get in touch, our email is now:

info@blythvalleyrotary.co.uk.

Claire Guppy

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NATURE NOTES

The best kept secret within the heart of Reydon!



This is a wildflower re-wilding triumph, thanks to an inspired idea to convert a communal lawn into a mini-wildflower meadow. Neighbours collaborated to achieve quite a remarkable result, as the late Duchess of Hamilton declared: ‘Flora for Fauna: Plant it and they will come and they did in their hundreds. Bees, butterflies, moths, pollinating insects and more.’

This is simply first-class re-wilding. It all starts at ground level and opens the door to what our wildflower meadows must have looked like yesteryear, and the starting point of what is necessary today for a healthy ecosystem.



A Brown Argus sunning after gorging on the abundant nectaring flowers



An Essex Skipper butterfly supping nectar from a Corn Marigold

Nature tip: Wedge open the lid of your green bin to leave a gap for any trapped insects so they can escape. Insect populations have declined by 58% in the last decade.

Bill

PULLING TOGETHER



Credit: Rosie Rivers

If you had gone down to Southwold market on Mondays and Thursdays in the last few months, you would have seen local collaboration in action.

The result of Southwold Town Council, and Reydon and Walberswick Parish Councils working together, the Visitor Information Stall was a true community effort, aiming to provide information about attractions in the local area to visitors in one easy-to-locate place.

The brainchild of Southwold Town Councillor Paula Goldsmith, fellow Town Councillor Carolyn Kerr then managed this project, tirelessly shepherding a rota of over 25 volunteers. Many of us are going to miss the ready smile plus coffee that she was always ready to greet us with when we came to do our stint.

At the end of the Stall's last day, Thursday, 9th September, sparkling wine and nibbles came out as a 'thank you' for all those who had given their time to this unique project. It is hoped that the stall will be revived later this year, if not next summer, such has been its success. Long may this collaborative spirit continue, given the many challenges that lie ahead. See you next year (if not sooner). . .

Dominic Knight

REYDON CHRISTMAS LIGHTS

We have a busy few months on the run up to Christmas. First, we have our **Wine-tasting Evening on Saturday, 14th October** at Reydon Village Hall. Come along and have a fun, informal, light-hearted evening enjoying a taste of a selection of wines accompanied by cheese and biscuits, with a fun quiz to finish the night. £15 per head, so gather a group of friends and get booked in by contacting Jackie on 01502 722380. Booking in advance is essential.

Then we have a **Family Bingo Night on Friday, 17th November**; doors open 6.30pm, eyes down 7pm. Bring your own refreshments and come along with the family, and have a fun evening.

Next is the one event we all look forward to every year - **SWITCH-ON, SATURDAY, 2ND DECEMBER ON JUBILEE GREEN**. See you there!

And finally to finish our fundraising off this year, we are holding a **Christmas Bazaar on Saturday, 9th December** at Reydon Village Hall. Come along and enjoy the stalls, games and refreshments.

Details of all our events are publicised in The Gazette and on our Facebook page, as well as posters located all around the village. We would really love to see you at one or even all of our events. Your support is vital for us to continue lighting up the village each year. Thank you.

Fiona Cooper

ST. MARGARET'S CHURCH

We are very grateful to the Bishop of Dunwich, The Right Reverend Mike Harrison, who came to St. Margaret's to dedicate the new ashes interment area on 20th August. The area is now open and ready to receive loved ones' mortal remains from the parish once the remaining spaces in the main churchyard are filled.



On 24th August, we welcomed the family of Florence Isla Gorst-Allman who was baptised during our Café Church Service (a monthly all-age service for all the family). We were delighted that Florence's great-grandmother Anita Barbrook was able to be present. Florence's other grandparents live in Pretoria, South Africa and were not well enough to travel. However, they were able to join us via our YouTube live-stream channel to

watch the service from home. To join a service from home, search YouTube for St. Margaret's, Reydon. You would be very welcome.

New Team Rector appointment

The Reverend Russell Gant (Russ) with his wife Jenny, and daughters Annabelle and Elizabeth will be joining the Sole Bay Team of Churches on 21st November at 7.30pm with a service in St. Edmund's Church. We look forward to this new chapter in the life of our churches and also working alongside our eight parishes.

On Saturday, 7th October at 7pm, we have our annual Charity Quiz Night in the Village Hall. Tickets are £15, including a fish-and-chip supper. Please contact Rev. Alan if you would like to join us. Maximum team size of six people.



*The Reverend Russell
(Russ) Gant*

Other dates for your diary:

- Remembrance Sunday: 12th November at 10.50am.
- Coffee and Conversation: Every first Wednesday of the month in the Church Room at 10.30am.
- Nativity Crib Festival: 1st-3rd December (daytime). Come to the Church and enjoy Nativities and activities from around the world.
- Christingle and Crib Service: 24th December at 4pm.

SAINT FELIX SCHOOL

An exciting future for Saint Felix School as Mr Matthew Oakman takes the helm as the new Head. With a wealth of experience and a passion for education, Mr Oakman will lead the school into a promising future.

One of the exciting developments under Mr Oakman's leadership is the introduction of the Forest School, where students gain hands-on learning experiences in a natural outdoor setting - a unique opportunity to connect with nature, develop essential life skills, and foster a deeper understanding of the environment. With classrooms and sports facilities also being updated, the future is promising for Saint Felix School.

Learn more about the school's future and developments at our Open Morning on Saturday, 7th October, from 10am to 12.30pm. It's a chance for prospective students and parents to tour the school, meet Mr Oakman and the Saint Felix Staff, and discover the exciting opportunities that await. Book your place now at: www.stfelix.co.uk/admissions/open-mornings



Chris Trigg

SOLEBAY HEALTH CENTRE

2023 Flu Campaign

The practice should receive its supply of influenza vaccinations at the end of September. Clinics for patients are expected to be on **Saturday, 30th September and Saturday, 7th October.**

Eligible patients will be invited to attend by letter or text message throughout August and September. There is no need to contact the practice regarding your invitation, unless you think you are eligible and have not heard from the practice directly by the clinic dates.

Those patients aged 50-64 years and not in a clinical-risk group are no longer eligible for the influenza vaccination as they were during the Covid pandemic. This is direct advice from the Department of Health.

Once we receive the National Guidance about the Covid Autumn Booster Campaign, we will share this information with you.

2023 Patient Satisfaction Survey results

We are pleased to report that Sole Bay and Bungay surgeries have both again achieved excellent results for the service they offer patients, comparing very favourably with other Primary Care Network practices, and exceeding both local and national targets by some margin. Thank you to all our patients who provided feedback, and of course to all our teams for their continued hard work and dedication to try and provide the very best care to our patients.

Rigby Whittaker, Practice Manager

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