

The Reydon Robin



Beware, the Scarecrows are back!



The quarterly, complimentary news magazine for Reydon

REYDON SCARECROW TRAIL 10th and 11th September 2022

We're delighted that The Scarecrow Trail is making a most welcome return, to raise necessary funds for the Reydon Christmas Lights. There will be over 50 scarecrows on display around the village over the weekend of 11th and 12th Sept. Please pick up a programme (£3.00) from Barbrooks, Boyden's Stores or Little Gems in Southwold, or from The Village Hall over the weekend, and follow the map to find them.



Please vote for your favourite scarecrow back at The Village Hall, and the one with the most votes wins a much coveted prize. Refreshments will be available all weekend at The Village Hall so do come along and support us. All funds will go to the Reydon Christmas Lights Committee to provide the wonderful Christmas lights around the village this year, including the village's central tree on Jubilee Green.

Cover photos: courtesy of Charlotte Clark

Would you like to help switch on Reydon's Christmas Tree this year?

All you have to do is guess the height of the tree . . .

Turn to page 14 for more details.

OTHER IMPORTANT DATES FOR YOUR DIARY:

- | | |
|---|--|
| Sun 2 nd October: | Harvest Festival at St Margaret's Church, 9.30am |
| Sat 8 th October: | St Margaret's Church Quiz Night and Fish & Chip Supper, Reydon Village Hall, 7pm |
| Fri 21 st October: | Reydon Christmas Lights Quiz, Reydon Village Hall, 7.30pm |
| Sun 13 th November: | Remembrance Sunday, St Margaret's Church, 10.50am |
| Fri 25 th November: | Reydon Christmas Lights Family Bingo Night, Reydon Village Hall, 7pm |
| 2 nd - 4 th December: | Christmas Crib exhibition, St Margaret's Church |
| Sat 3 rd December: | The Reydon Christmas Tree Big Switch-on, Jubilee Green, 6pm |
| Sat 10 th December: | Christmas Lights Coffee Morning, Reydon Village Hall, 10am |

INTRODUCTION AND WELCOME



Pamela Cyprien, Chair,
Reydon Parish Council

Welcome to the Autumn edition of The Reydon Robin, the quarterly, complimentary news magazine for Reydon, hand delivered by our valiant volunteers to all the homes in the village - a readership of almost 2700!

We're delighted that this edition of The Reydon Robin is sponsored by The Southwold Arts Centre, our excellent, local arts and entertainment facility, and we thank them for their valuable support. Their September programme is on the back of this edition.

I feel strongly that the role of your Parish Council is not just to improve the public facilities in Reydon, but also promote the sense of community in our village. But we cannot do this on our own; we need a dialogue with you, our residents. We received some useful feedback at our stalls at The Jubilee Picnic and Brass on the Grass, but we'd welcome more.

The monthly Parish Council meetings are always open to all residents to have their say, and we're beginning to hold some monthly drop in sessions at The Randolph Hotel, where you can join us for free coffee and tea, and meet some of your Councillors. Further details are on page 7. Also if you'd like your views published you can send us an email at: Reydon.robin@gmail.com

As the alarming economic situation continues to impact us all, please keep an eye out for each other, especially those living on their own.

With best wishes, Pam Cyprien

Also in this edition:

<i>Walking for Health</i>	<i>Page 4</i>
<i>Potters Bridge update</i>	<i>Page 6</i>
<i>Nature Notes</i>	<i>Pages 8 & 9</i>
<i>Saving fuel when driving</i>	<i>Page 11</i>

WALKING FOR HEALTH and WELL BEING

Reydon residents may have noticed a small group of walkers gathering on Jubilee Green every Thursday morning at about 10.30. I have been a walk leader for this group along with my colleague Robert, for a few years now. We walk mostly short routes around Reydon, no more than 1.5 miles.

We do however have one longer walk a month for those looking to stretch themselves! One of the best things about being a Walk Leader for this group is seeing how much people enjoy getting out and about, developing friendships and chatting with fellow walkers. And enjoying a coffee and more chat at The Randolph after the walk (thanks to the Randolph for their support.)

We welcome new walkers looking to get back to exercise in a gentle manner. We never walk too fast or leave people behind. Our walks are suitable for people with mobility issues and, in some cases wheelchair users. Walks are free and you do not have to book in advance; just turn up and get going!

If you want to find out more about these walks in Reydon and in other locations you can go to the OneLife website: www.onelifesuffolk.co.uk

Sally Cracknell, Health Walk Leader

(see Nature Notes on pages 8 & 9)

COME AND HELP US PLANT TREES ON THE REC!



The Parish Council has made a successful application to The Woodland Trust for free tree saplings. The plan is to establish a copse of Silver Birch, Rowan (Mountain Ash) and Wild Cherry trees, plus a wildlife-friendly hedge on the Recreation Ground in Cox's Lane.

In November, 240 saplings will arrive, ready to be planted!

If you can help with the planting, please email reydon.robins@gmail.com with your name and contact details. *THANK YOU.*

REYDON VILLAGE HALL

The Village Hall in Lowestoft Road has been situated at the heart of the community for nearly 50 years, providing the ideal facilities for a wide variety of activities, including social functions and public meetings.

We are very pleased to offer the only public Electric Vehicle Charging Points in Reydon, with four 7kwh points situated off road in our private grounds with unlimited, free parking. There are two points on the front drive and a further two at the back of the Hall. These charging facilities were provided with the assistance of the Plug-In Suffolk Network and have been very well supported this summer.

We now have a state of the art operator-assisted Defibrillator from London Hearts, registered on The Circuit, The National Defibrillator Network, which allows The Emergency Services to locate and access the equipment when needed, as quickly as possible.

The Village Hall has a raised stage with curtains, an equipped kitchen and seating for approx. 100 people. Together with the recently installed WiFi the Village Hall is ideally equipped for entertainment, lectures and club and local society meetings.

For bookings please contact Anita by email: H_freeman1@sky.com

Memories of The Queen's Platinum Jubilee 2022:



The Torch Relay arrives at Reydon Village Hall on its 550 mile journey through Suffolk. In the Rickshaw are Cllrs. Pam Cyprien and Fiona Taylor.

HIGHWAYS WORKING GROUP

Reydon Parish Council has recently formed a working party to look into issues with the main roads in and out of the village, such as speeding, lack of cycle routes and safety. We held our first meeting with Suffolk County Councillor Michael Ladd and a representative of Suffolk Highways in June.

Three traffic surveys are to be carried out on the Halesworth, Wangford and Lowestoft Roads so that we can gather data to support our argument for more measures to combat speeding in the village.

The group will meet again in September when the results of the surveys are known. If you have any issues regarding our roads, or any safety concerns, please let us know by contacting us at reydon.robin@gmail.com

POTTERS BRIDGE - STOP PRESS:

The vital and busy B1127 road between Wrentham and Reydon is prone to regular flooding at Potters Bridge, especially in the winter months, and it is occasionally impassable, even closed. This can cause great inconvenience and danger, especially when vehicles cannot cross and try to turn around.



East Suffolk Councillor David Beavan has sponsored a new electronic system to alert drivers to flooding at Potters Bridge. Just approved by Suffolk Highways, a new automatic water depth sensor will begin trials in October and the water levels will be streamed initially to the Reydon website: reydon.onesuffolk.net If the trials are successful it is hoped to set up a subscription 'alert' for regular users.

For further details please email David.Beavan@eastsuffolk.gov.uk

SPEEDWATCH - Can you help us?

Cllr Brian Bailey recently stood down after 12 years as Co-ordinator of The Reydon Parish Speedwatch Group. Thank you Brian!

Reydon Parish Council are looking for a new Co-ordinator for Speedwatch, the local initiative which allows members of the community to become actively involved in road safety, by monitoring speeds at safe locations with speed detection equipment. The aim is not to catch as many speeding drivers as possible, but to reduce speed in areas of concern.

The Speedwatch Co-ordinator leads a team of local volunteers who monitor seven positions within Reydon, as well as maintaining the digital speed indicators on the roads in the parish. Digital speed indicators are an effective way of ensuring drivers are aware of their speed. The next generation of devices showing an angry face when drivers are speeding, and a happy face when their speed is within the limit, are even more effective and Reydon Parish Council are hoping to get one.

Brian Bailey adds: "The digital indicators are very accurate, so even if a driver is maintaining a steady 30mph and a higher speed is displayed, it means that another vehicle is coming up behind at a higher speed."

Pamela Cyprien, Chair of Reydon Parish Council said: "Reydon's Speedwatch Co-ordinator carries out one of the most important rôles in our community. Speeding in our built up areas is, unfortunately, a fatal accident waiting to happen."

If you can help, or would like to have more details, please contact The Parish Clerk: reydon.pc@gmail.com

DROP IN AND MEET YOUR PARISH COUNCILLORS

Do you have any views about how our community can be brought closer together, or what facilities the village might benefit from the most? Then the Parish Council is keen to hear from you.

We are holding drop-in sessions at The Randolph Hotel on Thursday 15th September and Thursday 20th October, 10.30 - 11.30. Please join us for a complimentary coffee or tea! We look forward to seeing you.

This edition of The Reydon Robin is sponsored by The Southwold Arts Centre

NATURE NOTES: Woodsend Marsh & The Buss Creek Flashes

There's an abundance of nature literally on our doorstep.

These wet meadows are full of wildlife, but sadly today they are diminishing fragments of a rare and valuable habitat, which have been disrupted by humans for decades.



Perhaps presenting an even greater challenge are the rapidly changing seasons. Two years ago above average rainfall and the occasional tidal surge resulted in most of the marshes being flooded. Which was a bonanza for our overwintering geese and wildfowl Shovelers, Teal, Widgeon, Pintail, and the odd rare, shy Garganey duck.

A rare sight today visiting the Flashes Black Tailed Godwits.



In previous years they would stay and breed along with nesting Avocets, but with more sympathetic marsh management they may return one day to delight us once more.

However 2022 has seen the worst drought for over 100 years, yet our reed dwelling Warblers have successfully nested throughout the marshes and are currently feeding up in readiness for their long migrations.



← This Sedge Warbler, with a Ladybird a tasty morsel for a hungry chick.

The Common Whitethroat, has enjoyed a very successful nesting season, just one of our many breeding successes this year. →



← Its cousin, the Lesser White Throat is quite rare but seems to enjoy our locality.



The critically endangered Water Vole has carved (or rather burrowed) out a niche home along some of the quieter stretches of our local drainage systems. Quite remarkable when you consider that there are estimated to be just 870,000 of them left in the whole of the UK, compared to 75 million Field Voles!

Bill.

A WORLD OF DISCOVERY

SOUTHWOLD SCIENCE WEEK

**Southwold Arts Centre presents an entertaining series of
'Understanding Science' events for 7-15 year olds.**

Monday October 4th

11.00-12.30: **'ENERGY MIX WORKSHOP'** presented by E D F.

How do we make and use energy? Come and build a tower- solve an energy problem - think about how engineering projects and design affect our lives.

Tuesday October 25th

11.00-12.30: **'ROCKS AND FOSSILS'**.

2.00-2.30 **'VOLCANOES'** presented by Dr Ann Edgington, with the UCL Geobus.

See different rocks and fossils and discover how they are made. Identify examples using virtual fossils and 3-D glasses!

Wednesday October 26th

Four talks from the excellent Darsham Astronomical Society (DASH).

11-11.45, **'THE SUN, PLANETS AND BEYOND'** presented by David Gwynn.

11.45-12.30 **'SEARCHING FOR LIFE ON OTHER PLANETS'**

presented by David Partridge.

2.00-2.45, **'THE JAMES WEBB TELESCOPE'**

presented by David Gwynn.

2.45-3.30, **'PHOTOGRAPHING NEBULAE FROM HOME'**

presented by Chris Meade.

Friday October 28th

11-12.30 **'STORIES OF SCIENCE: A SCAVENGER HUNT'**

2-3.30 **'AN EXPERIMENT ABOUT WHAT SINKS AND WHAT FLOATS'**

both presented by John Kirk

An interactive exploration of scavenger hunting and of a young crow illustrating principles of buoyancy!

Saturday October 29th

11-12.30 and 2.00-3.30 **'ENTERTAINING SCIENCE, WITH EXPERIMENTS AND WORKSHOPS'**

presented by Dr Ken Farquar.

Tickets (only £2.00 per person - adult or child) can be booked at southwoldartscentre.co.uk or from the box office on 01502 722572. Children are allowed to bring parents. Under 12's MUST do so!

FUEL SAVING when driving - WHAT WORKS FOR YOU?

As the cost of petrol and diesel fuel is already eye-watering, we thought it would be useful to continue The Reydon Robin's informal forum, focusing on saving energy when driving.

Many of these top tips have been widely publicised and may already be in use, but they are offered as reminders. These suggestions may only save a small amount of the household budget, but it all helps to make savings and less carbon emissions also help The Planet.

Do you need to drive? Easier said than done, particularly in a rural area with a limited bus service, especially if you have a disability or a very busy schedule. If you are only making a short journey, and can walk or cycle, then why not? Could you share a car with a neighbour?

Before you set off: If your car has a roof rack or a box, and you are not using it, think about taking them off. Any additional weight (both inside and outside the car) can increase fuel consumption.

Clear ice from your windscreen before you drive away. Idling while you de-ice wastes fuel. Plan and combine any trips. Cold starts waste fuel.

Check pressures. Under-inflated tyres lead to more fuel being used.

On the road: Smooth and gentle driving saves fuel. Don't accelerate sharply or brake suddenly. Read the road ahead and slow down gently.

Are you really in a hurry? Driving at 70 mph rather than 80mph can lead to 25% more fuel being used. Driving at 60 mph rather than 70 mph the figure is estimated at 15%.

Switch off your engine in traffic queues, and when you refuel, take just half a tank if you can as less weight means better fuel economy.

Have you any useful experiences /expertise to share?

Please let us know at The Reydon Robin: reydon.robin@gmail.com

Roger Cracknell

References: All the major motoring organisations have helpful advice on their websites.

THE FOODBANK - how to give, and how to receive.

As the economic situation worsens Food Bank resources are stressed, as more and more people are in need. Our local Food Bank in Lowestoft already receives support from The Sole Bay Group of Churches, and other organisations, yet donations are now more urgently required.

Donations include UHT milk, Tea, Coffee, tinned Fish, tinned Tomatoes, tinned Meat, tinned Vegetables, Rice Pudding, tinned Fruit, Pasta, Rice, Baked Beans and Biscuits. Please take your donations to any of the churches in Reydon, Southwold, Blythburgh or Wangford.

If anyone in Reydon is in need and would benefit from a food donation, please encourage them to contact their Doctor, Social Worker or Citizens Advice to be referred. Lowestoft Food bank will process their application and is able to make deliveries to Reydon, by arrangement.

Lowestoft Food Bank: The Old Butchers, 2 Beavan Street East, Lowestoft NR32 2AA; email: info@lowestoft.foodbank.org.uk

THE SOUTHWOLD and REYDON EMERGENCY PLANNING GROUP

Just imagine these terrible, yet potentially possible scenarios:

Major Fire in Reydon! – hundreds of households ordered to evacuate their homes.

**Serious Flooding expected in Reydon and Southwold!
Many households have to evacuate.**

Where would you, or your neighbours, go if you had to evacuate?

The Southwold and Reydon Community Emergency Planning Group (CEPG) aims to co-ordinate community planning in the event of major incidents, such as these examples. Let's hope we do not have to!

If you feel you could get involved, or would like more details of our activities and volunteer roles, please go to: www.reydon.onesuffolk.net or contact our Co-ordinator, Martin Nicholls by email at SBCEPG@OUTLOOK.COM or by phone 07963 869744. Thank you.

REYDON SPORTS AND COMMUNITY CENTRE



The new Reydon Sports & Community Centre on the Wangford Road is open and available for hire.

The land had been the playing field to Reydon High School until the school closed in 1990. After the formation of Reydon Playing Fields Charity in 2013 additional land was purchased and work on the building began.

The project has been funded by local grants from The Reydon Trust, The Southwold Trust, Reydon Parish Council, East Suffolk Council, Sport England, and The Football Foundation.

The late Barrie Remblance, former Chair of Reydon Parish Council, was one of the original volunteers and Trustees. Barrie was the main grounds man for many years, responsible for the grass cutting and pitch marking.

The pavilion has been built by local contractors, who have gone above and beyond to get the project completed. Many local volunteers have also given their time and energy, working on planning, grant applications and many other jobs behind the scenes, and there is now a newly formed Management Committee.

The building can be used for societies, social functions, clubs, meetings, weddings and sports groups. Come and see the new facilities and join us

Afternoon Tea from 2pm on Saturday 17th September.

Contact: rsc_secretary@hotmail.com for bookings and enquiries.

This edition of The Reydon Robin is sponsored by The Southwold Arts Centre

PROTECT YOURSELVES FROM SCAMMERS

If you've not had a suspicious enquiry or a threatening automatic phone message recently, then do not relax! The scammers have not gone away, they are simply regrouping. Scammers are getting smarter.

Which (Magazine) are running a free Scam Alert service. They tell you the latest scams to look out for, and you can report any scams to them that you are subject to. Yes, you'll have to sign up to Which (and you might have to disable their marketing messages) but we believe 'knowledge is power' and being able to keep one step ahead of the scammers, free, is well worth it: act.which.co.uk/page/103781/data/1

URGENT - DRIVERS NEEDED

The Voluntary Help Centre and The Sole Bay Community Bus Service (affectionately known as 'Mr Bus') both provide vital transport for those in Reydon and Southwold who need it. However, both services are very short of drivers.

The Voluntary Help Centre provides a community car service for anyone to use to get to medical appointments, shopping trips or other important journeys. Anyone with a Driving Licence and their own car can volunteer to help.

The Sole Bay Community Bus Service connects residents of Reydon and Southwold to the Sole Bay Health Centre, town centre and other local amenities. At the same time, it provides an opportunity for people to socialise with others using the service.



BECOME A DRIVER

All you need to drive Mr Bus is to be over 25 and under 80, with a D1 on your Driving License, and The VHC will organise training, free of charge. For more information about the service, or to volunteer for the community car service, please contact

Flic or Sarah on Tel: 01502 724549.



COULD YOU HELP SWITCH ON REYDON'S CHRISTMAS TREE ON JUBILEE GREEN?

Reydon's village Christmas tree will be switched on at 6pm on Saturday 3rd December to be the focus of the community's festive celebrations. If you are still at school and would like to help switch it on, accompanying a local VIP, please enter our local competition.

All you have to do is guess the full height of the tree, and that's before it goes in the ground. Send your answers to [The Reydon Robin Reydon.robin@gmail.com](mailto:The.Reydon.Robin@gmail.com) by November 25th, together with details of how to get in touch with you. When we hear from the Christmas Lights Committee confirming the height of the tree, we will get in touch with the winner, in plenty of time for Saturday 3rd December.

St Margaret's Church, Reydon

SATURDAY 8th October
at 7.00 PM

Don't miss this

**QUIZ NIGHT &
FISH & CHIP
SUPPER**



REYDON VILLAGE HALL

TICKETS - £15 per head.
Max 6 per team

AVAILABLE FROM
Rev. Alan Perry 453624, Jan Collins 725731
or Joan Goldsmith 724696

SEPTEMBER AT SOUTHWOLD ARTS CENTRE ...

LAST OF THE SUMMER THEATRE SEASON

Tues 30 Aug—Sat 3 Sept 7.30 pm (Mat 4pm Thu & Sat)
Tickets £12-£17*

ACADEMIA NUTS “Raiders of the Lost Manuscript” by Gregg Kreutz. Treasure hunt meets madcap sit-com

Mon 5 Sept—Wed 7 Sept 7.30 pm 7.30pm (Mat 4pm Wed) Tickets £12-£17*

KILLING TIME by Richard Stockwell. A tense, dramatic cat-and-mouse thriller

Friday 16 Sept
7.30pm
Tickets £15*



THE ALTER-EAGLES

A two-hour celebration of one of the best-loved bands of all time by one of the UK's top tribute acts.



Opera-lele

Charity Concert Opera, ukuleles & comedy.

Also featuring:
Ukes of Southwold

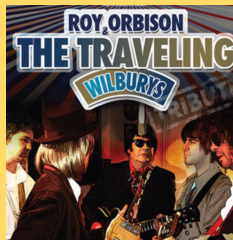
Sat 17 Sept

7.30pm £12*

A fun evening of Opera and Ukulele by this unique comedy music act helped by The Ukes Of Southwold. In aid of the RNLI.

Sat 24 Sept 7.30pm £25*

The story of The Traveling Wilburys with expert narrative and a fabulous six piece live band. Includes tributes to Roy Orbison, Bob Dylan, Tom Petty, George Harrison, & Jeff Lynne .



STOP PRESS Wed 14 Sept 'VOICES OF NORFOLK: The tide comes somehow across' a one-woman show. Look out for further details.

Friday 9 Sept 7.30pm

Tickets £20*



WCB Comedy presents

STAND UP IN SOUTHWOLD

Headlining

ANDY PARSONS

star of “Mock the Week”

Fri 23 Sept

7.30pm

Tickets £17*



GETZ: A Musical portrait

Chris Ingham Quartet featuring Mark Crooks presents an interpretation of the repertoire of saxophonist Stan Getz.

A Southwold Jazz Club event

Fri 30 Sept 8.00pm £17*

Juan Martín - Flamenco Guitarist

The supreme artist of the flamenco guitar, Juan Martín plays and introduces his compositions within the forms of the great tradition.



Scan the QR code for full details of forthcoming shows at Southwold Arts Centre.



TICKETS: southwoldartscentre.co.uk
or 01502 722572

*booking fee applies when bought via TicketSource

SOUTHWOLD ARTS CENTRE

Cumberland Road, IP18 6JP

01502 722572 southwoldartscentre.co.uk boxoffice@southwoldartscentre.co.uk

part of Sole Bay Arts CIO - Reg Charity No: 1170774